

KEY:

AR- Activity Room
 CR- Conference Room
 Delta AR Activities

Alpha Solarium Activities
 Bravo Solarium Activities
 Charlie Solarium Activities

Outings (off OVHL campus)
 One on Ones
 Channel 2500 Streaming

August OVHL 2024 Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Non-Medical Transport Days:</u></p> <p>Recreation Director Bess Nichols <u>Email:</u> bess.nichols@ovhleb anon.org <u>Phone/Text:</u> 541-409-6569</p>	<p>Calendar may change due to weather, volunteer and Veteran request/needs. Contact Recreation with concerns. <u>R.E.D Friday:</u> Remember Everyone Deployed by wearing RED</p>	<p><u>Happy Birthday</u> 8/12 Naomi N. 8/14 Tim S. 8/15 Mark E. 8/18 Bruce F. 8/20 Ed B. 8/24 Doreen T. 8/28 Ryan G. 8/31 Dan S.</p>	<p>Alpha: Jacqui.wells@vhlebanon.org or ext. 5553 Tu-Sa</p> <p>Bravo: Bess.Nichols@ovhlebanon.org M-F, or ext. 5555 for Alyson H. Su-Wed</p> <p>Charlie: Joan.Bekowsky@ovhlebanon.org rg or ext. 5556 M-F</p> <p>Delta: Madeline.Neilson@ovhlebanon.org org or ext. 5113 M-F</p>	<p>1 0800 Alpha Albany Wal Mart</p> <p>1000 Bingo- AR</p> <p>1400 Happy Hour in the Canteen</p> <p>1645 Corvallis Knights Baseball w/Madti</p> <p>PM Video Calls</p>	<p>2 1000 Texas Holdem' w/Jax</p> <p>1045 Moving to Music</p> <p>1400 The Wallace Band in the AR</p> <p>1515 Landscape Models</p> <p>PM Video Calls</p>	<p>3 1000 Beading with Leonard- AR</p> <p>1300 Catholic Services on Ch 2500</p> <p>1630 Willamette Speedway with Tab</p> <p>PM Video Calls</p>
<p>4 AM Newspaper Delivery</p> <p>1300 Chair Yoga</p> <p>1400 Bingo in the AR</p> <p>1545 Church Serv. CH 2500</p> <p>PM Video Calls</p>	<p>5 OVHL Olympics 1000 Bowling Competition 1000 Bowling Competition 1100 Bowling Competition 1300 Pinochle 1400 Church in the AR PM Weight Lifting- Bicep Curls 1445 Chair Yoga</p>	<p>6 OVHL Olympics 1000 Cornhole Competition 1000 Cornhole Competition 1100 Cornhole Competition 1330 Music with Barbara Cecil- AR</p> <p>1500 Projected Events 1500 Projected Events</p> <p>1600 Boxing w/Megan</p>	<p>7 OVHL Olympics AM Charlie One on Ones w/Janice 0900 Bravo Detroit Lake w/Alyson</p> <p>1000 Poker Group w/Jax</p> <p>1330 Obstacle Course in the AR/AR Patio</p> <p>PM Video Calls</p>	<p>8 OVHL Olympics 1000 NO LIMIT Bingo- AR</p> <p>1300 Free Throw Competition</p> <p>1300 Free Throw Competition</p> <p>1500 Happy Hour in the Canteen</p> <p>PM Video Calls</p>	<p>9 OVHL Olympics 1000 Cycling Competition (Omnicycle/ Motomed) w/Jax</p> <p>1400 Diversified Band in the AR/Food With Dudes</p> <p>PM Video Calls</p>	<p>10 1000 Beading with Leonard- AR</p> <p>1300 Catholic Services on Ch 2500</p> <p>PM Video Calls</p>

<p>11 AM Newspaper Delivery</p> <p>1300 Chair Yoga</p> <p>1400 Bingo in the AR</p> <p>1545 Church Serv. CH 2500</p> <p>PM Video Calls</p>	<p>12 0900 Charlie Walmart w/Jax 1030 Balloon Bop 1045 Moving to Music 1300 Pinochle 1300 Bravo Shooting at the Range 1400 Church in the AR 1430 Mexican Train 1445 Chair Yoga PM Alpha One on Ones PM Video Calls</p>	<p>13 0845 Sugar Vibes Social 0900 Charlie Fishing VVA 1030 Trivia 1400 All Staff PM Bravo One on Ones PM Charlie One on Ones 1530 Uno 1600 Boxing w/Megan</p>	<p>14 0800 Spirit of 45' Aurora w/Alyson 0830 Charlie Deep Sea Fishing w/Bess 1000 Poker Group w/Janice 1030 Moving to Music/Meditation 1330 Mexican Train w/Jax 1330 Gardening w/Leroy</p>	<p>15 0830 Alpha Fred Meyer</p> <p>1000 Bingo- AR</p> <p>1400 Sewing Guild</p> <p>1400 Happy Hour in the Canteen</p> <p>PM Video Calls</p>	<p>16 R.E.D. Friday NMT Day 1000 Texas Holdem' W/Jax 1200 Fish Fry in C3 with Bess</p> <p>1300 Jeopardy in A1</p> <p>1530 Map Pinning</p>	<p>17 1000 Beading with Leonard- AR</p> <p>1300 Catholic Services on Ch 2500</p> <p>PM Video Calls</p>
<p>18 1000 A&W Country Drive</p> <p>1300 Chair Yoga</p> <p>1400 Bingo in the AR</p> <p>1545 Church Serv. CH 2500</p> <p>PM Video Calls</p>	<p>19 1030 Balloon Bop 1045 Moving to Music 1100 Alpha Lunch At Roadhouse Grill Eugene 1300 Pinochle PM Bravo 1:1s 1400 Church in the AR 1430 Mexican Train 1445 Chair Yoga PM Alpha One on Ones PM Video Calls</p>	<p>20 1030 Moving to Music 1030 Bravo and Charlie Lunch at Bings w/Alyson 1330 Movie in the AR: The Fall Guy</p> <p>1600 Boxing w/Megan</p> <p>PM Video Calls</p>	<p>21 AM Pet Therapy 1000 Poker Group w/Jax 1200 Cultural Diversity Lunch: Egypt (AR- RSVP Only) 1330 Gardening with Leroy 1400 Mexican Train 1400 Patio Chats 1500 Uno</p>	<p>22 1000 NO LIMIT Bingo- AR</p> <p>1400 Happy Hour in the Canteen</p> <p>PM Video Calls</p>	<p>23 1000 Texas Holdem' W/Jax</p> <p>1300 Jeopardy</p> <p>1500 Landscape Models</p> <p>PM Video Calls</p>	<p>24 1000 Beading with Leonard- AR</p> <p>1300 Catholic Services on Ch 2500</p> <p>PM Video Calls</p>
<p>25 AM Newspaper Delivery</p> <p>1300 Chair Yoga</p> <p>1400 Bingo in the AR</p> <p>1545 Church Serv. CH 2500</p> <p>PM Video Calls</p>	<p>26 0900 Bravo Walmart 1045 Moving to Music 1300 Pinochle 1100 Grilling Chicken on A3 Patio 1300 Charlie Shooting at the Range 1400 Church in the AR 1430 Name that Tune 1445 Chair Yoga PM Alpha One on Ones</p>	<p>27 0900 Alpha Fishing VVA (bus 1) 1000 Doughnut Social 1030 Trivia 1300 Jeopardy in A1 1330 Mexican Train 1500 Mexican Train w/Jax 1600 Boxing w/Megan</p> <p>PM Video Calls</p>	<p>28 0800 Spirit Mountain Casino w/Bess&Jax AM Pet Therapy 1000 Poker Group w/Alyson 1000 Wood Working 1330 Gardening with Leroy 1500 Uno</p>	<p>29 0830 Bravo Deep Sea Fishing w/Bess&Alyson</p> <p>1000 Bingo- AR</p> <p>1400 Music with Webster Chicago Band and Happy Hour in the AR</p>	<p>30 0900 Charlie Fred Meyer w/Jax</p> <p>1430 Texas Holdem' W/Jax</p>	<p>31 1000 Beading with Leonard- AR</p> <p>1300 Catholic Services on Ch 2500</p> <p>PM Video Calls</p>